



# Gastro Health & Nutrition

## PATIENT'S INFORMATION

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ Social Security #: \_\_\_\_\_  
 Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
 Driver's License #: \_\_\_\_\_ Email: \_\_\_\_\_  
 Pharmacy Name & Address: \_\_\_\_\_

## PATIENT'S EMPLOYER INFORMATION

Company Name: \_\_\_\_\_  
 Company Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone #: \_\_\_\_\_ EXT: \_\_\_\_\_ Occupation: \_\_\_\_\_

## INSURANCE INFORMATION

Insurance Name: \_\_\_\_\_  
 Policy Number: \_\_\_\_\_ Group Number: \_\_\_\_\_  
 Authorization Number (if required) \_\_\_\_\_ Exp Date: \_\_\_\_\_

Second Insurance Name: \_\_\_\_\_  
 Policy Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

## EMERGENCY CONTACT

Name: \_\_\_\_\_  
 Relationship: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

## PERMISSION SHEET

I \_\_\_\_\_, give permission to my physician at Victoria GastroHealth & Nutrition to discuss and/or release any medical information concerning my healthcare to the following family members/friends. I am aware that I may change this permission form at any time.

1. \_\_\_\_\_  
 (FAMILY/FRIEND FULL NAME)  
 Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

2. \_\_\_\_\_  
 (FAMILY/FRIEND FULL NAME)  
 Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_



## Gastro Health & Nutrition

3. \_\_\_\_\_ (FAMILY/  
FRIEND FULL NAME)

Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

I give permission to release appointment information to whoever answers the phone at my listed phone number(s): YES / NO

X \_\_\_\_\_

### Interpretive Service Needs:

Primary Language: \_\_\_\_\_

Interpreter Services Required: Yes  No

Assignment of benefits: I hereby assign all medical and/or surgical benefits, to include major medical benefits to which I am entitled, private insurance and any other health plan to the physician/facility on record. A photocopy of this assignment is to be considered as valid as an original. I understand that I am financially responsible for all charges whether or not paid by insurance. I hereby authorize said assignee to release all information necessary to secure the payment.

Authorization of treatment: I hereby authorize the physician of record, and associates to treat the above patient.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_



# Gastro Health & Nutrition

## Medication Record

DATE	MEDICATION	DOSE GIVEN	FREQUENCY (i.e. 2x/day)	TIME	AM PM

### Gastro Health & Nutrition Patient History

Date: \_\_\_\_\_ Name: \_\_\_\_\_ DOB: \_\_\_\_\_

\_\_ Married \_\_ Single \_\_ Divorced \_\_ Widowed: Occupation \_\_\_\_\_ Education \_\_\_\_\_

No. of Pregnancies/Children: \_\_\_\_\_ Tobacco Use: Yes  No  How much? \_\_\_\_\_/Day

How long? \_\_\_\_\_ Date Quit? \_\_\_\_\_ Alcohol use: Yes  No

Amount of Caffeine (Coffee, Tea, Colas)/day \_\_\_\_\_

**Describe briefly your gastro/colon problem:**

#### Past illness of yourself (Please circle):

- |   |  |   |
|---|--|---|
| -Anemia/GI bleed <input type="checkbox"/>           | -High Blood Pressure <input type="checkbox"/>      | -Stroke <input type="checkbox"/>            |
| -Asthma/COPD <input type="checkbox"/>               | -Kidney Disease <input type="checkbox"/>           | -Thyroid Disease <input type="checkbox"/>   |
| -Cancer/Tumor <input type="checkbox"/>              | -Liver Disease <input type="checkbox"/>            | -Ulcer in GI Tract <input type="checkbox"/> |
| -Diabetes <input type="checkbox"/>                  | -Hepatitis/Jaundice <input type="checkbox"/>       | -High Cholesterol <input type="checkbox"/>  |
| -Depression/Mental Illness <input type="checkbox"/> | -Lung Disease <input type="checkbox"/>             | -HIV/Immune DX <input type="checkbox"/>     |
| -Epilepsy/Seizures <input type="checkbox"/>         | -Osteoarthritis/Arthritis <input type="checkbox"/> | -Other: _____ <input type="checkbox"/>      |
| -Heart Disease <input type="checkbox"/>             | -Osteoporosis <input type="checkbox"/>             |   |

-Date of last colonoscopy: \_\_\_\_\_ Normal/Abnormal

-Date of last EGD: \_\_\_\_\_ Normal/Abnormal

-Any family history of history of Colon Cancer? \_\_\_\_\_



# Gastro Health & Nutrition

## Past Surgical History

PATIENT SURGERIES	DATE (MONTH/YEARS)

## Family History

(Please circle all that apply)

### MOTHER

-Hypertension	<input type="checkbox"/>
-Hyperlipidemia	<input type="checkbox"/>
-Kidney Disease	<input type="checkbox"/>
-Liver Disease	<input type="checkbox"/>
-Lung Disease	<input type="checkbox"/>
-Diabetes	<input type="checkbox"/>
-HIV	<input type="checkbox"/>
-Thyroid Disease	<input type="checkbox"/>
-Stroke	<input type="checkbox"/>
-Cancer/Tumor	<input type="checkbox"/>
-Asthma/COPD	<input type="checkbox"/>
-Other: _____	

### FATHER

-Hypertension	<input type="checkbox"/>
-Hyperlipidemia	<input type="checkbox"/>
-Kidney Disease	<input type="checkbox"/>
-Liver Disease	<input type="checkbox"/>
-Lung Disease	<input type="checkbox"/>
-Diabetes	<input type="checkbox"/>
-HIV	<input type="checkbox"/>
-Thyroid Disease	<input type="checkbox"/>
-Stroke	<input type="checkbox"/>
-Cancer/Tumor	<input type="checkbox"/>
-Asthma/COPD	<input type="checkbox"/>
-Other: _____	

## Allergies to Medications:

MEDICATION	REACTION



## Gastro Health & Nutrition

**ROS: PLEASE CHECK EITHER YES OR NO**

<b>Constitutional</b>		<b>YES</b>	<b>NO</b>	<b>Respiratory</b>		<b>YES</b>	<b>NO</b>	<b>Hematology/Lymph</b>		<b>YES</b>	<b>NO</b>
Weight loss				Cough				Easy Bruising			
Fatigue				Coughing Blood				Gums bleed easily			
Fever				Wheezing				Enlarged Glands			
				Chills							

<b>EYES</b>	<b>YES</b>	<b>NO</b>	<b>GASTRO</b>		<b>YES</b>	<b>NO</b>	<b>MSK</b>		<b>YES</b>	<b>NO</b>
Glasses			Heartburn/Reflux				Joint Pain/Swelling			
Eye Pain			Nausea/Vomiting				Stiffness			
Double Vision			Black or blood BM				Muscle Pain			
Cataracts			Constipation				Back Pain			
			Diarrhea							
			Jaundice							
			Abdominal Pain							

<b>ENT</b>	<b>YES</b>	<b>NO</b>	<b>GU</b>		<b>YES</b>	<b>NO</b>	<b>NEURO</b>		<b>YES</b>	<b>NO</b>
Difficulty Hearing			Burning/Frequency				Loss of Strength			
Ringing Ears			Blood in urine				Numbness			
Vertigo			Erectile Dysfunction				Headaches			
Sinus trouble			Abnormal Discharge				Tremors			
Nasal Scruffiness			Abnormal Discharge				Memory Loss			
Frequent Sore Throat			Bladder Leakage							

<b>CARDIO</b>	<b>YES</b>	<b>NO</b>	<b>ALLERGIC/IMMUNOLOGIC</b>		<b>YES</b>	<b>NO</b>	<b>PSYCHIATRIC</b>		<b>YES</b>	<b>NO</b>
Murmur			Hives/Eczema				Anxiety			
Chest Pain			Hay Fever				Mood Swings			
Palpitations							Difficulty Sleeping			
Dizziness							Depression			
Fainting Spells										
Shortness of Breath										
Swelling Ankles										



# Gastro Health & Nutrition

## MEDICAL RECORD RELEASE FORM

Patient's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Social Security #: \_\_\_\_\_

Please release my medical records from the following physician(s):

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone #: \_\_\_\_\_

Fax #: \_\_\_\_\_

The release of my medical records is for the continuation of care.

\_\_\_\_\_  
(patient's signature)

\_\_\_\_\_  
(Today's Date)



# Gastro Health & Nutrition

## HIPAA Release Form

Gastro Health and Nutrition

### Authorization to Release Protected Health Information

Dependents must complete this form to authorize the release of protected health information to the account holder

Last Name	First Name	MI
Street Address	City	State/ZIP
Email	Phone	SSN

### HIPAA Release (to be completed by dependent)

My protected health information is individually identifiable health information, including demographic information collected from me or created or received by a health care provider, a health plan, my employer or health care clearing house, and relates to (I) my past, present, or future physical or mental health condition; (II) the provision of the healthcare to me; or (III) the past, present or future payment for the provision of healthcare to me.

In accordance with provisions of the Health Insurance Portability and Accountability Act (HIPAA), I, the undersigned, grant permission to HealthEquity, Inc. to disclose protected health information (as define in HIPAA) to the following person or persons; \_\_\_\_\_

Purpose of authorization;  At my request  Family member assisting with healthcare  Other

: \_\_\_\_\_

Any limitations that I impose on HealthEquity with respect to the authorization are declared below:

\_\_\_\_\_

This release will remain in effect until the closure of the health savings account (HSA), flexible spending account (FSA), or health reimbursement arrangement (HRA). In addition, I may revoke this release at any time by notifying HealthEquity of the revocation in writing and fax to 801.727.1005, Attn: Member Services. If at any time you need to alter this release form, please contact HealthEquity at 866.346.5800.

### Authorization of HIPAA Release (to be completed by dependent)

I understand that by granting this Release, the person who obtains this information may disclose it to other individuals with or without my consent and in so doing, this information would no longer be protected under HIPAA. I understand that my authorizing the use and disclosure of my information is not a condition of enrollment in this health plan, eligibility for benefits or payment of claims.

Dependent Name (please print)	Dependent's Date of Birth (mm/dd/yyyy)
Dependent Signature	Today's Date

Note: If the person signing above is a personal representative of the named individual, attach a copy of the document granting authority to the personal representative.